



Radiant Light Spiritual Direction

The Spark - October 2022

Dear friends,

I welcome the Autumn season. As we near the end of 2022, I will limit my open monthly meetings. We will continue with the Guided Virtues Meditation in October and November on the second Wednesday at 4:30. In December, we will have our annual Year-End Guided Meditation and Reflection on the Winter Solstice, December 21st at 7:00 pm.

I will continue one-on-one spiritual direction, private group guided meditations, and workshops on request.

Peace and Blessings,

Rev. Marilyn L. Buehler, M.Div.

Spiritual Director

Radiant Light Spiritual Direction

email: marilyn@radiant-light.org

website: <http://www.radiant-light.org/>

Personal spiritual direction to support your unique spiritual quest. [Click here to learn more.](#)

Guided Virtues Meditation

Wednesday, October 12th at 4:30 pm Pacific

November, November 9th at 4:30 pm Pacific

Join us for an on-line guided meditation focused on a virtue. Virtues are linked to our health, healing, and expansion of consciousness. Focusing on the virtues opens our hearts and helps us to be receptive to our higher intuitive mind.

Please email to Marilyn to register. marilyn@radiant-light.org

No fee for this guided meditation.

Year-End Reflection and Meditation

Wednesday, December 21st at 7pm Pacific

Join us for a guided meditation to receive the blessings of this sacred time of year. We will review and reflect on the past year, and set our intention for the new year.

As we near the Winter Solstice, shortest day of the year, the days will begin to grow longer. Many traditions celebrate the birth of the physical sun as symbolic of the return of the Inner Light. The Winter Solstice reminds us that there is a divine consciousness within that seeks birth. It is the beginning of a new cycle.

May the awakening light keep the flame of the Christ light burning within your heart.

Please email to Marilyn to register. marilyn@radiant-light.org

No fee for this guided meditation.

Ponder This

Becoming a Person of PEACE

I received my Spiritual Direction training from the [Franciscan Spiritual Center](#) in Oregon. They offer very creative programs, and many of the workshops and classes are now available virtually. They have a new online eCourse, that I felt might be of value to some of you.

Becoming a Person of PEACE is a seven-session invitation to spiritual practices and reflections on welcoming peace inside and living with peace to all one meets. You may complete the eCourse on your own time schedule, but once you register, you will receive a daily email with the information and videos and resources.

[Click to learn more and to register](#)

What is Spiritual Direction?

Spiritual direction supports you on your spiritual journey. Spiritual direction is an opportunity to tend to the awareness of the sacred in your life and to how you are being prompted to express that sacredness.

Our first meeting is always free of charge. During an initial 50-minute Zoom meeting we will

explore your interests and needs to determine if spiritual direction will be of value to you.
I am a member of [Spiritual Directors International](#). Browse their website to learn more.

The wisdom you seek is written in your heart.
