



Radiant Light Spiritual Direction

The Spark - September 2022

Dear friends,

This month, we continue our monthly Aquarian Rosary Practice Group and Guided Virtues Meditation.

As of September 1st, the Spiritual Topics Study Group will meet weekly each Thursday at 3pm. We will read and discuss topics from Meher Baba's *Discourses*.

Peace and Blessings,

Rev. Marilyn L. Buehler, M.Div.

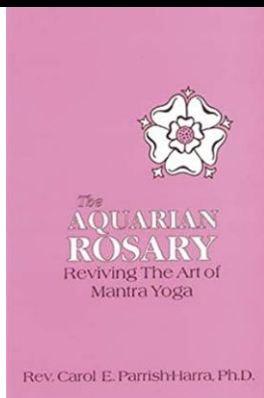
Spiritual Director

Radiant Light Spiritual Direction

email: marilyn@radiant-light.org

website: <http://www.radiant-light.org/>

Personal spiritual direction to support your unique spiritual quest. [Click here to learn more.](#)



Aquarian Rosary Practice

The Art of Mantra Yoga

Wednesday, September 14th at 4 to 5
pm

Offering of \$5 is welcome

The Aquarian Rosary practice invokes our feminine, receptive, and nurturing qualities. The source for this mantra yoga practice is the book, [*The Aquarian Rosary, Reviving the Art of Mantra Yoga*](#) by Rev. Carol Parrish-Harra, Ph.D. You do not need a copy of the book, as I will display the pages on Zoom.

Please email to Marilyn to register. marilyn@radiant-light.org

Guided Virtues Meditation

Wednesday, September 21 at 4:30 pm Pacific

Join us for an on-line guided meditation focused on a virtue. Virtues are linked to our health, healing, and expansion of consciousness. Focusing on the virtues opens our hearts and helps us to be receptive to our higher intuitive mind.

Please email to Marilyn to register. marilyn@radiant-light.org

No fee for this guided meditation.

Spiritual Topics Study Group

Every Thursday at 3:00 to 4:00 pm Pacific

Join us as we read from Meher Baba's *Discourses*. I will share the pages on the screen, so you do not need a copy of the book.

All are welcome to this reading and discussion of spiritual topics. Meher Baba's *Discourses* covers many subjects, both practical and highly esoteric. Some go into the human search for the Truth and God, spiritual advancement, aspirants, various states of God-realized beings, the Avatar and discipleship. Others deal methodically with several aspects of spiritual advancement and the spiritual path, such as the formation and removal of sanskaras (mental impressions), various aspects of meditation, transcending good and evil, and clarify Meher Baba's views on such topics as occultism, reincarnation and maya.

Click below to learn more!

<http://radiant-light.org/calendar/spiritual-topics-study-group/>

Please email Marilyn to register. marilyn@radiant-light.org

No fee for this study group.

Ponder This

Whether we and our politicians know it or not, Nature is party to all our deals and decisions, and she has more votes, a longer memory, and a sterner sense of justice than we do.

Wendell Berry

What is Spiritual Direction?

Spiritual direction supports you on your spiritual journey. Spiritual direction is an opportunity to tend to the awareness of the sacred in your life and to how you are being prompted to express that sacredness.

Our first meeting is always free of charge. During an initial 50-minute Zoom meeting we will explore your interests and needs to determine if spiritual direction will be of value to you. I am a member of [Spiritual Directors International](#). Browse their website to learn more.

The wisdom you seek is written in your heart.
