

Radiant Light Spiritual Direction

The Spark - July 2022

Dear friends,

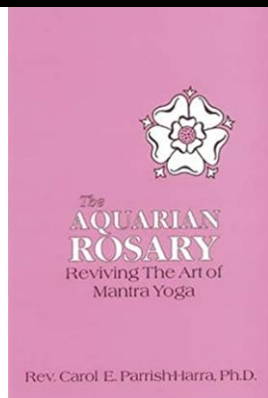
During July, I will take a break from offering most of the regular Zoom events. The only meeting I will hold is the **Aquarian Rosary** practice group on **Wednesday, July 13th**.

In August, all are welcome to attend a new two-hour course, **Cultivating the Inner Life**. We will address any challenges you may have with your meditation practice. I will present a variety of practices that can be easily integrated into your daily life to support your unique spiritual quest.

Have a blessed Summer!

Rev. Marilyn L. Buehler, M.Div.
Spiritual Director
Radiant Light Spiritual Direction
marilynb@radiant-light.org
<http://www.radiant-light.org/>

Personal spiritual direction to support your unique spiritual quest. [Click here to learn more.](#)



Aquarian Rosary

Practice Group

Wednesday, July 13th 4 to 5 pm

Sliding scale: \$5 - \$10

Please email to Marilyn to register. marilynb@radiant-light.org

The Aquarian Rosary is an adaptation of the traditional rosary that embraces the divine feminine aspect of God. Devotion to Mary invokes our feminine, receptive, and nurturing qualities to

balance ourselves and society. The discussion and practice of the rosary is based on the, [The Aquarian Rosary, Reviving the Art of Mantra Yoga](#) by Rev. Carol Parrish-Harra, Ph.D.

Each month, the group will recite one mystery of the Aquarian Rosary. We will discuss the significance of praying the rosary and the deeper, esoteric meaning of each mystery, as it relates to our unfolding spiritual life.

Cultivating the Inner Life

Wednesday, August 24th at 2:00 to 4:00 pm

Sliding scale: \$50 - \$80

This two-hour session is an opportunity to address challenges with your meditation practice and to explore a variety of simple practices that can be integrated into your daily life to support your unique spiritual journey.

This session also expands our understanding of meditation and explores "active" meditation, in which one focuses and expands on the meaning of a word, phrase, or sacred reading.

Learn to:

- **Build the connection to the higher and intuitive mind.**
- **Increase your awareness of "inner knowing" and wisdom.**
- **Express greater beauty in your daily life.**

Email Marilyn to register for this study: marilyn@radiant-light.org

August Meeting Schedule

Our regular monthly meetings will resume in August.

Wednesday, August 10th - **Aquarian Rosary Group** - 4:00 pm

Wednesday, August 17th - **Guided Virtues Meditation** - 4:30 pm

Wednesday, August 24th - **Cultivating the Inner Life** - 2:00 pm

Wednesday, August 31st - **Spiritual Topics Study Group** - TBD

Ponder This

Nature does not hurry, yet everything is accomplished.

What is Spiritual Direction?

Spiritual direction supports you on your spiritual journey, making it a less isolated experience. Spiritual direction is an opportunity to tend to the awareness of the sacred in your life and to how you are being prompted to express that sacredness.

I am a member of [*Spiritual Directors International*](#). Browse their website to learn more.

The wisdom you seek is already written in your heart
